



Inclusion in Physical Education



Children with learning difficulties

Inclusive practice:

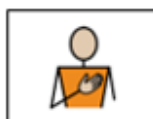
- Scaffolding of all activities and instructions;
- Repetition of instructions/ modelling to support memory difficulties;
- Sensory circuits: Alerting, Organising and Calming techniques: supporting readiness to learn;
- Adaptations to rules – simplification of games to focus on the skills required;
- Technology usage – watching videos prior to lessons so that children are aware of what to do.
- Use of IPADs in PE to photograph and video and to analyse skills development



Children with speech and language difficulties

Inclusive practice:

- Visual supports for movement play;
- Paired groups/ mixed ability groups helps to model and demonstrate the language used.
- Everything is modelled visually;
- Chunking of instructions;
- Repetition of language;
- Preview of vocabulary related to games/ skills



Children with SEMH difficulties

Inclusive practice:

- Where some children have a significant level of need, there are opportunities for them to work with Bradford City Football coaches, supporting other classes in school.
- Mixed ability grouping for PE activities
- Sensory circuits have been suggested to Year 2 re. managing the emotional well-being of pupils.
- Opportunities for children to help set up the hall when the demands are too great.
- Team games approaches to support development of friendships.
- Sensory breaks – climbing frames etc. re. regulation.
- Fishing activities/ Residential activities – open to all and accessible. Encourages different life experiences.
- Sports Lovers group



Children with Physical and Sensory Needs

Inclusive practice:

- Boccia; Bowls; Large balls with bells inside; Sitting volleyball; Bikes – balance bikes for easier access; different weighted balls
- Sought advice from the Physical and Medical team where needed.
- Healthy Schools week – opportunities for all to access;
- Additional staffing for children with physical difficulties during Healthy Schools week.
- Physical Friendly Dance sessions – enrichment activities;
- Enrichment activities with BD3 Games League – opportunities specifically for SEND pupils are offered. Kurling.
- Table top games – adaptations of Table Top cricket
- Inclusion for all children to work with activities that are designed for pupils with SEND.
- Huge variety of resources to support all children so that there is equal access;
- Dough Disco; Squiggle into Wiggle; Wiggle into Squiggle
- Links to Physiotherapists/ Occupational Therapy/ Visual and Hearing Impairment teams