

Key Vocabulary

Relationships

Healthy, happy and safe friendships

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
family special home trust key adults help	brave friend help listen kind care confident	friend private safe touch safe unsafe happy sad permission	honesty kindness inclusion resolve lonely unhappy	family single parent step parent same sex parent foster adopt stability care support encourage	positive healthy friendship mutual respect trust shared interests lonely excluded respect communication	inclusion peer pressure peer influence approval challenges dispute reconcile change uncomfortable	relationship consent marriage love partner forced marriage illegal choice

Positive relationships

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
play friend happy together fun	listen share include support kind good friend	care parents siblings friends family worried	hurtful behaviour bullying happy surprises secrets resist pressure uncomfortable unsafe	appropriate privacy personal boundaries passwords trusted sites adult supervision hurtful consequences bullying	playful teasing hurtful behaviour bullying pressure risk dares harmful content secret break confidence	acceptable physical touch wanted unwanted permission secret	healthy friendship unhealthy friendship peer pressure shared responsibility risk uncomfortable person safety dares challenges worried anxious uncomfortable permission

Respecting ourselves and others

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
please thank you manners	please thank you manners grateful share	kind unkind respect rules polite share take turns	shared interest similarities differences work together team work co-operate share listen discuss views	respectful behaviour role model self- respect courtesy	gender race faith shared values aspirations respecting difference	equality respect respond discrimination racism sexism homophobia trolling harassment challenge	values behaviour role model respect constructively – challenge conflict disagreement

Ourselves and the Wider World

Peel Park local issues and projects

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
names of basic plants around school including weeds names of animals we might see around school and in the local community care	care respect share tidy clean help safe	stealing theft Police support help law criminal	littering negative environment proud encourage neat clean tidy	issues roads parking safe road safety safe parking seatbelts law passenger pedestrian	poverty poor hardship choice begging foodbanks homeless empathy support	antisocial negative impact crime criminality peer pressure neighbourhood	care respect anti-social behaviour organised crime graffiti disrespect homeless begging gangs

Belonging to a community

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
settle happy rules safe respect	rules behaviour considerate respect safe	special trust trusted adult happy friends	littering negative environment proud encourage neat clean tidy	rules laws society broken human rights protect responsibilities rights	community belong volunteer compassion care	resources environment actions support damage compassion	care respect anti-social behaviour organised crime graffiti disrespect homeless begging gangs

Aspirations – building our future

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Names of some jobs such as doctor, nurse, teacher, hairdresser, plumber...	team talk communicate explore learn	strengths achievements goals healthy doctors nurses dentist	money coins notes debit card spending needs wants	teacher business charity jobs careers gender – stereotypes (around jobs and role models) STEM skills teamwork decision making goals achievements	spending budget values and needs spent pay charities	job career routine future influence conditions values strengths qualities diversity inclusion opportunity	money finance value for money consumer financial – hardship risk debt fraud gambling scams

Healthy Body, Healthy Mind

Keeping Safe, including online

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
happy sad angry grump scared	safe trust help safe unsafe	rules safe restrictions online unhappy worried scared	risk safety familiar unfamiliar danger medicine accident respond emergency	hazards predict assess manage safety rules unfamiliar places safety	safety medicines household – products drug alcohol side-effects risk habit help advice	vocabulary around puberty – to be confirmed	drugs addiction illegal nicotine alcohol influence

Growing and changing, mind and body

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
names of basic body parts – to be confirmed	clean wash care healthy routine	special unique likes dislikes same different feelings	old young bodies change names of body parts (See Appendix) opportunities goals	individual unique valuable strengths interests identity challenge self-worth proud setbacks	risky unsafe emergency responsibility dangerous – behaviour positive risk basic first aid respond	identity race sex gender faith culture respect individuality express mood wellbeing emotions mental health	Independence transition managing sexual – intercourse pregnancy sperm womb

Physical Health and mental wellbeing

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
happy sad angry worried	feelings happy sad nervous worried excited	happy sad healthy name some healthy and unhealthy foods	sleep tired medicines vaccinations routine dental health calm settled	choices healthy unhealthy exercise balanced diet positive negative feelings and emotions	balanced healthy – lifestyle physical health mental health oral hygiene	sleep strategies healthy lifestyle mental health risk sun exposure medicines manage health disease immunisations bacteria virus hygiene routines	mental and physical health help support managing feelings wellbeing trusted adult grief loss change positive habits