

PSHCE Curriculum Map

Year	Autumn		Spring		Summer	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Nursery	Knowing who is special to them	Making friends and taking turns Saying please and thank you	Looking after plants and wildlife around school Preparing for school life	Showing interest in different occupations	Being safe in school and on our journey to school My body my rules Naming basic body parts	I can tell people how I feel. I Know what makes me happy / sad.
Reception	The Jar of Happiness Feelings – happy and sad	Luna Loves Library Day The importance of Families Using my manners	Here We Are Looking after my body and my belongings Showing respect	Barbara Throws a Wobbler Feelings – angry and calm Being kind to others	Oliver's Vegetables Healthy eating Exercise Helping things grow	The New Small Person Welcoming everyone Taking turns Knowing who to talk to if I am worried
Year 1	Peace at Last The importance of sleep Being able to say 'no' when something doesn't feel right	Morris the Mankiest Monster Personal hygiene – keeping clean and brushing teeth Living a healthy lifestyle	Look Up Knowing my strengths and celebrating them Road safety Limiting time spent on electronic devices	Angry Arthur Understanding my emotions Looking after my mental health	My Big Fantastic Family Different types of families Respecting others	The Friendship Bench What makes a good friend Helping others to feel included
Year 2	The Girl Who Never Makes Mistakes It is okay to make mistakes Being kind to myself	Ravi's Roar Managing my emotions Difference is a good thing Staying calm in difficult situations	Chicken Clicking The dangers of being online How to stay safe online Valuing my belongings	Aliens Love Underpants Naming body parts including external genitalia What to do if I feel unsafe The differences between boys and girls	The New Girl Cultural identity Respecting differences Being a good friend	Ruby's Worry People have worries Knowing what to do if we are worried Feeling lonely
Year 3	On a Magical <u>Do Nothing</u> Day The rights of living things Online v hobbies Being safe outside	Grandad's Camper Change and loss Helping others	No Money Day Managing finances The emotional <u>affect</u> of money	Faruq and the Wiri Wiri How food contributes to a balanced lifestyle Making healthy choices	The Hundred Dresses What makes a good friend Managing friendship problems. The impact of bullying – including cyber bullying	<u>Ossiri and the Bala Menaro</u> Mental health and wellbeing <u>Resilience</u>
Year 4	The Grand Hotel of Feelings Feeling and emotions Knowing that feelings can change	Penguin Pig Online risks Online bullying How online data is shared	The Moose Belongs to Me Saying 'no' Repairing damaged friendships. Knowing how laws protect others	The Proudest Blue Cultural heritage How family and friends support me. Impact of bullying on wellbeing	The Tunnel Knowing what a dare is Peer pressure Risk taking Emergency situations	Mama Miti Being respectful Safety in the sun Being a role model
Year 5	The Colour Thief Mental health Respect for everyone	The Boy Who Grew Flowers Respecting my body Body image My inclusive classroom	<u>Ritu Weds Chandni</u> Why people choose to get married. Customs and laws relating to marriage Family traditions	Ada's Violin Being part of a whole world community What makes a good team Self esteem	Mum and Dad Glue Separation Helping people who are in difficult situations	Pizza Face Puberty Growing up
Year 6	On the Tip of a Wave Refugees Human rights Using art to express ourselves	Anne Frank Managing difficult situations and seeking help Different types of family Stereotypes	Aaron Slater Illustrator Setting goals Overcoming setbacks Career aspirations	Harry Potter and the Half Blood Prince Consent Harmful substances Resisting peer pressure Seeking help	Making a Baby How a baby is made – reproduction What makes meme!	Finding My Voice Transition Goals and career aspirations