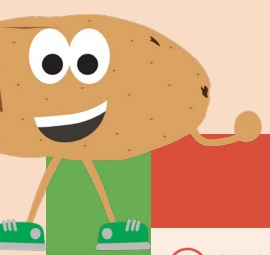


Homemade bread,  
selection of seasonal  
vegetables / fresh salad  
and fresh fruits served  
daily

# Peel Park Primary School

**Wk 1** - 3rd Nov, 24th Nov,  
15th Dec, 5th Jan, 26th Jan,  
16th Feb, 9th Mar, 30th Mar  
**Wk 2** - 10th Nov, 1st Dec,  
22nd Dec, 12th Jan, 2nd Feb,  
23rd Feb, 16th Mar, 6th Apr  
**Wk 3** - 17th Nov, 8th Dec,  
29th Dec, 19th Jan, 9th Feb,  
2nd Mar, 23rd Mar, 13th Apr



**MON**

**TUES**


**WED**


**THUR**

**FRI**


**WEEK 1**


**Halal Chicken Breast Nuggets**  
(HMC Accredited Halal Chicken Breast lightly battered, served with Baked Jacket Wedges & optional Garlic Dip)


**Crispy Dippers**  
(A blend of Vegetables and Potato coated in Breadcrumbs served with Ketchup and baked Jacket Wedges)

**Spaghetti Marinara**  
(A Tomato and mildly spiced Sauce combined into cooked Spaghetti, topped with Cheese)


**Assorted Jacket Potatoes / Selection of Sandwiches**


**Strawberry Sponge & Custard**  
(Homemade, light Vanilla Sponge with a Strawberry Jam swirl, served with Custard)


**Creamy Mac & Cheese**  
(A Macaroni Pasta dish, coated in a Creamy Mature Cheddar Sauce, served with Crusty Bread)


**Mexican Style Burrito**  
(Rice, Sweet Potato, Beans & Vegetables seasoned with Mexican spices & baked in a Tortilla wrap)

**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**


**Pears & Ice Cream with Syrup**  
(Vanilla Ice Cream with Tinned Pear Slices with a Chocolate flavoured Syrup)


**Halal Roast Chicken Breast**  
(Red Tractor Accredited HMC Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy)


**Toad in the Hole**  
(Quorn Sausage Baked in a light Batter, served with Roast Potatoes)

**Pasta Bolognese**  
(A rich Tomato sauce with Soya Mince, Peppers and Herbs)


**Assorted Jacket Potatoes / Selection of Sandwiches**


**Fruity Flapjack**  
(A sweet Bar made with Oats, Golden Syrup & Butter with Fruit)


**Classic Cheese & Tomato Pizza with Coleslaw & Salad**  
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)


**Arrabiata Pasta**  
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**


**Banana Muffins**  
(A fluffy Vanilla Sponge, with Bananas & drizzled with Icing)

**Halal Keema & Peas**  
(Red Tractor Accredited HMC Beef Mince & Peas in a Spicy Pilau Rice)

**Golden Cheese Whirl**  
(Cheese, Potato & Onion encase in Puff Pastry, served with baked Jacket Wedges)


**Pomodoro Pasta**  
(A simple, delicious rich Tomato Sauce with Beans, served with Garlic Bread)


**Assorted Jacket Potatoes / Selection of Sandwiches**

**Chocolate Sponge & Chocolate Sauce**  
(Homemade, light Chocolate Sponge, served with Chocolate Sauce)


**WEEK 2**

**MSC Battered Fish Fillet**  
(MSC Battered Fillet of Fish, served with Baked Jacket Wedges)

**Vegetable Pakoras**  
(Mixed Vegetables & Onion coated in Tempura Batter, served with Baked Jacket Wedges & Raita)

**Chickpea Tikka Masala**  
(Chickpea's cooked in a Tikka Masala Sauce, served with Basmati Rice)

**Assorted Jacket Potatoes / Selection of Sandwiches**

**Marble Sponge & Chocolate Sauce**  
(Homemade Sponge with hints of both Vanilla & Chocolate Cake, served with Chocolate Sauce)


**Halal Beef & Red Lentil Bolognese & Garlic Bread**  
(Red Tractor Accredited HMC Beef Mince in a rich Tomato, Herb & Garlic Sauce, served with Fusilli Pasta)


**Golden Cheese Flan**  
(Mature Cheddar Cheese & Egg Baked in a Pastry Case, served with Seasoned Potatoes)


**Zingy Peppers Pasta**  
(A zingy Tomato Sauce with Peppers served with Pasta)

**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**


**Apple Crumble & Custard**  
(Sliced Apples topped with Oat Crumble, served with Custard)


**Halal Hot Chicken Melt**  
(Red Tractor Accredited HMC sliced Chicken Breast & Melted Cheese in a White part baked Roll)


**Fajita Pasta Bake**  
(Pasta smothered in a Creamy sauce with Fajita Spice & topped with Melted Cheese. served with Crusty Bread)


**Garden Harvest Tikka & Rainbow Rice**  
(Indian inspired aromatic Vegetable Curry served with Rainbow Rice)

**Assorted Jacket Potatoes / Selection of Sandwiches**


**Decorated Fruit Jelly**  
(Jelly with Fruit, topped with Fresh Cream)


**Classic Cheese & Tomato Pizza with Coleslaw & Salad**  
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)


**Loaded Rainbow Pizza**  
(Wholemeal 50/50 Base topped with a lightly spiced Sauce, and topped with Mozzarella/Cheddar Cheese & Vegetables)

**Arrabiata Pasta**  
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)


**Assorted Jacket Potatoes / Selection of Sandwiches**

**Gallydale Biscuits**  
(Homemade, crumbly, Oaty Biscuit)

**Pomodoro Pasta**  
(A simple, delicious rich Tomato Sauce with Beans, served with Garlic Bread)

**Creamy Mac & Cheese**  
(A Macaroni Pasta dish, coated in a Creamy Mature Cheddar Sauce, served with Crusty Bread)


**Assorted Jacket Potatoes / Selection of Sandwiches**

**Sprinkle Cake**  
(Homemade Vanilla Sponge, lightly topped with Water Icing and Sprinkles)


**WEEK 3**


**MSC Breaded Fish Fillet Fingers**  
(MSC Fish Fillet Fingers, served with Seasoned Potatoes)


**MSC Salmon & Sweet Potato Fishcake**  
(MSC Salmon & Sweet Potato, served with Seasoned Potatoes)


**Bombay Biryani Special**  
(Curried Vegetables and Rice served with Naan Bread)

**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**


**Chocolate Crispy Crunch**  
(A sweet Bar made from puffed Rice, Cocoa & Syrup)

**Halal Creamy Chicken Pasta & Crusty Bread**  
(Red Tractor Accredited HMC diced Chicken in a homemade Creamy Sauce with Garlic, served with Penne Pasta)


**Rainbow Jambalaya Jamboree**  
(Mildly spiced Rice with Peppers, Vegetables and Beans, served with Crusty Bread)


**BBQ Quorn Pasta**  
(Quorn Pieces in a Barbeque flavoured Tomato Sauce, served with Wholemeal Pasta)

**Assorted Jacket Potatoes / Selection of Sandwiches**


**Vanilla Sponge**  
(Homemade, light Vanilla Sponge with a hint of Vanilla, served with Custard)


**Chicken Tikka Masala with Pilau Rice / Naan Bread**  
(Red Tractor Accredited diced Chicken & Chickpeas in a mild Curry Sauce with Pilau Rice or Naan Bread)


**Golden Cheese Roll**  
(Cheese mix wrapped in Puff Pastry, served with Creamed Potatoes & Seasonal Vegetables)


**Spaghetti Marinara**  
(A Tomato and mildly spiced Sauce combined into cooked Spaghetti, topped with Cheese)

**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**


**Butterfly Buns**  
(Individual decorated Sponge-based Dessert)


**Classic Cheese & Tomato Pizza with Coleslaw & Salad**  
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)


**Mini Power Ball Pizza**  
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese & Meatless Balls)

**Arrabiata Pasta**  
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)


**Assorted Jacket Potatoes / Selection of Sandwiches / Hot Sub Roll**

**Peaches & Ice Cream with Syrup**  
(Vanilla Ice Cream with Tinned Peach Slices with a Chocolate flavoured Syrup)

**Loaded Wedges with a Mild Mexican Halal Chilli**  
(Red Tractor Accredited HMC Beef Mince in a mild, homemade Chilli Sauce served on Baked Jacket Wedges)

**Pomodoro Pasta**  
(A simple, delicious rich Tomato Sauce with Beans, served with Garlic Bread)

**Assorted Jacket Potatoes / Selection of Sandwiches**

**Chocolate Sponge & Chocolate Sauce**  
(Homemade, light Chocolate Sponge, served with Chocolate Sauce)



the **food quarter**  
**FM SERVICES**

For full allergen & nutritional information head to our app

