



1st February, 2024

Year 5 Puberty Session

Dear Parent(s)/Carer(s),

As part of the Science curriculum, we have a responsibility to educate our children about growth, development and puberty.

There will be a session arranged for Year 5 boys and girls separately. The session will aim to prepare the pupils for their physical, emotional and social development. In addition, they will discuss health and hygiene matters.

On Wednesday 7th February 2024, the school staff will discuss puberty and personal hygiene with the Year 5 boys and on Wednesday 21st February 2024 the girls will have their session.

The session with the teachers will provide knowledge and understanding of how the human body changes during puberty. The session will prepare the boys and girls for changes that will occur to them in the coming months.

If you have any questions about the session, please contact the class teacher before Wednesday 7th February.

Yours sincerely

Year 5 team
Mrs Nessa, Ms Culley and Mrs Hussain

